

# **Brow Lift**

A brow lift, also known as a forehead lift or forehead rejuvenation, is a cosmetic procedure to raise the brows. A brow lift improves the appearance of the forehead, the brow and the area around the eyes by raising the soft tissue and skin of the forehead and brow.

You might choose to have a brow lift if you have a low, sagging brow or brow asymmetry.

A brow lift might also boost yourself-confidence. A brow lift can be done alone or with other facial procedures, such as eyelid surgery (blepharoplasty) or a face-lift.



## **Why it's done**

Aging typically causes the brows to move down. As skin and soft tissues lose elasticity, the distance between the eyebrows and eyelashes also shortens.

The lower position of the eyebrows can make you look tired, angry or sad. A brow lift can raise the eyebrows and

restore a refreshed, more pleasing appearance.

You might consider a brow lift if you have a low or sagging brow that's contributing to sagging upper eyelids

